

Mach 13, 2025

Good morning IS201! It's Celine, from 814, and I'm here this Thoughtful Thursday on behalf of the SEAL team.

Today is March 13th, also National Good Samaritan Day—a day to recognize kindness, selflessness, and helping others without expecting anything in return. Just like a Good Samaritan step in to support someone in need, we can all bring that same spirit into our school community. Whether it's helping a classmate who is struggling with homework, or simply holding the door for someone, small actions can make a big impact.

Let's be more thoughtful and supportive of those around us. You never know what someone may be going through and a simple act of kindness can really lighten someone up and make them feel better.

Thanks for listening, have a great Thursday and have a Take the Time to Help Someone in Need Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

