

February 17, 2023

Good morning! It's Rainie from the Seal Team, back with you all for Seal Summary Friday!

This week is Random Acts of Kindness Week. Random Acts of Kindness Week encourages people to do acts of kindness and to show appreciation for those around them. This simple holiday tries to make a better world for everyone by showing how a simple act of kindness can change some people's lives. People all around the world celebrate this holiday, striving to put a smile on others' faces. The Random Acts of Kindness Organization started this holiday to promote the idea of spreading kindness by doing little thoughtful things for friends and family, and even strangers. Acts of kindness can boost other people's confidence, happiness and may even lead others to do small acts of kindness for others on their own. Encouraging others to do the same will make the world a better place.

Just a reminder before I go. The grade hub has a section called "Participatory Budgeting Project," as was described yesterday. With this in mind, kindly complete the survey. What would you buy if the school were given \$2500 to improve the wellbeing and quality of life of students in IS 201? We want to hear from you.

Now, please take this time to recite the Seal Team pledge with me.

Thanks for listening have Fill Out the Survey Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team  
Positivity is our dream  
We teach it every day  
To help others live the optimistic way  
We learn to control our emotions and feelings  
So, we always have effective social dealings  
No stone left unturned; no person left behind  
Every member of our team has the power to be kind  
We spread kindness to our friends, families, and those who need a smile  
When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

